BARRY SHRAGE, A JEWISH COMMUNAL PROFESSIONAL AND EDUCATOR AT BRANDEIS UNIVERSITY, will speak on Thursday, November 14th at 7:30 PM at the Ferguson Library in Stamford. The lecture is a gift, offered free to the community, through the generosity of Mimi Cohen and Saul Cohen, of blessed memory. This year’s program will also acknowledge Saul’s unexpected passing in March 2019 and his life-long dedication to the Jewish community.

A focus of Barry’s remarks will be the strong relationship between the Jewish community and Schoke JFS. His lecture will explore the central place of our agency in the well-being of our community.

Professor Shrage served as President of Combined Jewish Philanthropies of Greater Boston (CJP) for thirty-one years, where he promoted inclusion and supported the needs of Boston’s diverse community. Under his leadership, CJP launched a major initiative to assure a safety net for those experiencing poverty by providing food security and other basic human needs. The program includes increasing community members awareness of Jewish families living below the poverty level. He also developed a program for individuals with disabilities and enlisted synagogues to prioritize disability inclusion.

Barry is a passionate supporter of Jewish education and other programs to strengthen Jewish identity in every form. CJP worked with synagogues and day schools creating initiatives including Me’ah, an intensive Jewish adult education curriculum, a large-scale program to improve day school quality, and incentive grant programs to support Jewish overnight camp opportunities and boost day school enrollment. He believes our direct relationship with Israel is the key to the development of Jewish identity for the next generation. To achieve this, he helped to create the Boston-Haifa Connection, embraced the power of Taglit-Birthright Israel, helped spearhead CJP’s Birthright Israel Campus Initiative, and vastly expanded programs aimed at helping young adults to understand and engage with Israel and become more engaged and educated Jews.

CJP’s efforts to strengthen Jewish identity parallel Schoke JFS’s efforts to provide a Jewish camp experience through the Joan and Ben Zinbarg Camp Scholarship Program.

Prior to the lecture, a Patron’s Reception will recognize Mitzvah Circle donors for their support of Schoke JFS. For details or to learn how to become a Schoke JFS Patron, please contact Lisa Rich, Director of Donor Relations at 203-921-4161 or lrich@ctjfs.org. Professor Shrage will also offer a Lunch and Learn with Jewish professionals and clergy at the Schoke JFS Bridgeport office at noon on Thursday, November 14th. For details about this program, please contact Jonathan Fass at 203-921-4161 or email at jfass@ctjfs.org.

Please visit www.ctjfs.org for more details about this year’s lecture.
A MESSAGE FROM THE CEO

Elsewhere in this newsletter you have read that Schoke JFS has relocated to a new permanent home, one that now belongs to us. Our lease was up, and the building we occupied is coming down to make way for new residential housing. Many positive things came out of this move such as larger space and reduced costs. Additionally, our move this time means that the next move, should there be one, will be our decision, and not someone else’s. I am sure you can remember your first home, and those exciting feelings that came with owning it...along with the downside of having to clean, maintain and repair it! Those are the feelings we at Schoke JFS experience too. Our new facility provides us the opportunity to do more, reach more people, and provide more services.

We are excited that our Freedberg Family Kosher Food Pantry is able to feed more people and provide them with an opportunity to “shop” with dignity in the expanded space. We invite you to visit, or better yet, volunteer to spend a day at the pantry helping families get nutritious meals.

We also can always use help with our new Pamela and Michael Hirsch Home Delivered Meal Program. This program began in January and is rapidly attracting new clients. Delicious meals being provided at affordable rates by Jewish Senior Services catering, people receive healthy and delicious meals each week!

We have expanded our services to Holocaust survivors, sadly, a rapidly shrinking population. There are several new initiatives begun in the last year that provide emergency assistance and socialization for survivors of the Holocaust.

These are just a few of the many new and ongoing offerings here at Schoke JFS. Please stop by and visit us in our new home!

This year marks the 20th anniversary of my arrival at Schoke Jewish Family Service, and Stamford. You can see the numerous changes that have occurred during those years and continue to this very moment due to the hard work and dedication of many people. One of those who drove this change was Saul Cohen, z”l. The very first contact I had twenty years ago with Jewish Family Service of Stamford, as it was called at the time, was with Saul Cohen, who was chairing the search committee. I reached out to him at the recommendation of a friend, and since he was not expecting my call, our first conversation did not go as smoothly as I might have liked. When I ultimately accepted the position, one of the first people who greeted me and spent time with me was Saul. Over the years, he guided me, challenged me, mentored me and became my friend. When I needed advice about Schoke JFS, or had an idea that I needed to bounce off someone, he was my “go-to” person. Saul was passionate about so many things - Jewish camps, community, Jewish education and of course, Jewish Family Service. Saul was proud of what Schoke Jewish Family Service accomplished and was part of it until the very end. In fact, the day before his untimely passing, I received an email from him suggesting a new project that he felt Schoke JFS should take on. Saul was a part of the fabric of Schoke JFS, and I personally will miss his passion and participation. We hope you will join us on November 14th at the annual Saul Cohen lecture, where we will honor his memory.

Again, please come visit us and learn about the exciting things happening here at Schoke JFS.

Wishing all of you a very happy, healthy New Year.

Matt Greenberg, CEO

Schoke JFS thanks

United Jewish Federation of Greater Stamford, New Canaan and Darien
Federation for Jewish Philanthropy of Upper Fairfield County
For their generous ongoing support

A MESSAGE FROM THE PRESIDENT

Rosh Hashanah is a time of rejoicing and introspection. The New Year provides an opportunity to review Schoke JFS’s past year. And what a year it has been! We have seen many changes, all of which have provided more and better services for our clients.

Schoke JFS relocated to our new offices at 196 Greyrock Place. The new space has provided us with many new opportunities such as a larger Freedberg Family Kosher Food Pantry. The larger space, which is set up like a mini supermarket, better accommodates our clients and the growing needs of those with food insecurity in our community.

The Board of Directors began work on a new Strategic Plan with a board and staff retreat. Strategic planning provides the board and staff an opportunity to envision what Schoke JFS should look like in three years, assess our current strengths and opportunities for growth, and develop goals, strategies and techniques on how to get there.

Two new programs were introduced this past year:

- **Anachnu**: Schoke JFS received a grant from the Jewish Federations of North America’s Center for Advancing Holocaust Survivor Care, allowing us to start a program specifically focused on assisting elderly Holocaust survivors. The program includes support groups, holiday gatherings, daytrips and activities within the Jewish community.
- **The Pamela and Michael Hirsch Kosher Home Delivered Meal Program**: This program is unique in that it provides kosher meals to those who have difficulty shopping and preparing their own food, with a volunteer who both delivers the meals and spends time with the recipient.

An Evening with Schoke JFS was a wonderful success. We had record attendance and met our fundraising goal which allows us to continue to provide our services to those in our community in need.

This year we lost a very dear and important board member, Saul Cohen, z”l. We are saddened by his passing. The board sends its condolences to Mimi Cohen and the entire Cohen family. May they be comforted among the mourners of Zion and Jerusalem.

Thank you to our Friends who have volunteered their time and donated to Schoke JFS. Volunteers are always needed and I urge you to find a way to become involved in helping others through Schoke JFS. We rely on the generosity of our Friends to make our programs possible. When you receive our Annual Friends Campaign appeal please give generously. Your gift truly makes a difference!

I wish you and your family a Happy and Healthy New Year.

Beverly A. Stein, President

Beverly Stein, President

United Jewish Federation of Greater Stamford, New Canaan and Darien
Federation for Jewish Philanthropy of Upper Fairfield County
**JEWISH HOME DELIVERED MEAL PROGRAM GOING STRONG!**

The Pamela and Michael Hirsch Kosher Home Delivered Meal Program continues to bring delicious, microwave-ready meals to residents in all of Fairfield County. This unique program delivers kosher meals to community members for whom food shopping and preparation is a hardship. Meal delivery includes a short, friendly visit to participants who find it difficult to socialize outside of their home.

The key benefit of the program is its flexibility. Recipients are not required to enter into a long term contract and may choose a flexible delivery schedule that suits their needs. Up to five meals a week are available at $7.50 per meal and $37.50 per week.

The program is looking for volunteers to help with the home visits and the organization of the deliveries. If you are interested, please contact Jill Knopoff at 203-998-7855 or email jknopoff@ctjfs.org.

---

**DID YOU KNOW SCHOKES JFS CAN HELP WITH THAT?**

By Lynn Saltz, Marketing and Communications Coordinator

So often in our community we hear friends, relatives or neighbors speak about their challenges without expressing a solution or path to resolution. Did they know that Schoke JFS can help with that? They did not!

Here’s a short list of the ways that Schoke JFS can help:

- When you are experiencing depression or anxiety, when your family is not working well together and is fighting too much, when you and your spouse are not on the same page and searching for more harmony, call the Kuriansky Family Counseling Program.
- If you can't pay for heat, mortgage payments, or food. You have a legal issue and need a lawyer that you can’t afford. If you have a medical or dental issue and have no medical insurance, call the Case Management and Emergency Assistance department.
- Do you or a loved one need assistance with the daily activities of living as well as socialization? Call the Home Companion Program.
- If you are unable to provide food for you or your family on a consistent basis, call the Freedberg Family Kosher Food Pantry.
- Do you think you are more forgetful or not as focused as you have been in the past? Call the Brain Fitness Program.
- Stuck inside the house? Unable to get groceries to prepare meals? Call the Pamela and Michael Hirsch Kosher Home Delivered Meal Program.
- Want to send your school-age child to a Jewish camp for the summer but just can’t afford it? Call and ask about the Joan and Ben Zinbarg Camp Scholarship Program.
- Don’t know who to turn to for accounting or financial help or insurance assistance? Do you need help to sign up for public assistance or government programs? Call for our Information and Referral services.
- Are you a Holocaust Survivor or know an isolated Holocaust Survivor? Call Anachnu, our program for Holocaust survivor care.

Call Schoke Jewish Family Service at 203-921-4161. No question or problem is a bother or trivial. For more information, visit www.ctjfs.org.

---

**THINGS GO BETTER WHEN FAMILIES ARE INVOLVED**

By Lee Combrink-Graham, MD
Schoke JFS Psychiatric Consultant

When working with individuals who are suffering, it is often a good idea to invite the client’s family to come in. Families have often been dismissed as toxic, the source of the problem, or clueless. Clients frequently identify themselves as having problems but don’t see their family as a resource for healing.

Throughout history, before psychotherapy was invented, it was the community that cared for suffering members. With the emergence of psychotherapy, individuals were removed from their families for treatment, sideling the possibility for a family’s positive contribution towards improved mental health.

The expertise of the therapist, who barely knows the client, may become intimidating to family members, causing them to retreat and feel incapable of taking care of that person. This isolates the client. If a client is encouraged to attend treatment with their family members from the beginning, the family can help to uncover the client’s experiences. All participants are invited to express their views and concerns and share ideas on what might be going on, as well as possible solutions.

At the beginning, given the current climate of “blaming and shaming,” it might be difficult for family members to be comfortable with this process. The therapist needs to encourage everyone to speak up and to discourage blame and shame. If a mother were to state “My daughter is a lazy, spoiled brat,” the therapist might say “Can you tell me something else about her?” The therapist might ask the daughter “How is it that your mother thinks you are lazy and spoiled? How did she come to think that way?” This may lead to a deeper conversation, which will have a very different outcome than “Please fix my daughter” or “My mother is always yelling at me.”

At the Kuriansky Family Counseling Program at Schoke JFS, we encourage families to participate in the healing process. Things will go better! Contact Eve Moskowitz at 203-921-4161 or email emoskowitz@ctjfs.org for more information.
With over 250 people in attendance, the annual gala of the Elayne and James Schoke Jewish Family Service, *An Evening with Schoke JFS*, was held on Sunday, May 19th at the Italian Center of Stamford. The event was co-chaired by Liz Kitay and Ronnie Sichel and Sandy Speter chaired the auction. Stamford’s own Alan Kalter served as the evening’s Master of Ceremonies. Mark Blechman served as the Auctioneer.

With a successful auction and paddle raise, the evening raised $150,000 to support the core services of the agency.

In keeping with a long-standing tradition, Schoke JFS presented the 40th Annual Mitzvah Award to Meryl Japha, the 12th Annual Young Leadership Award to Lauren and Joe Zalis and the First Annual Volunteer of the Year Award to Marina Sapir. The Honorable Mayor of Stamford, David Martin, praised the good work of Schoke JFS and offered the gratitude of the city to our award recipients.

Meryl Japha, a resident of Stamford since 1981, accepted her honor and shared her dedication to volunteering across the community. She emphasized how stepping up to volunteer for Schoke Jewish Family Service has been a source of pride for herself and her family.

Marina Sapir, the recipient of the First Annual Volunteer of the Year Award, offered spiritual inspiration for her dedication to volunteering at Schoke JFS. Her thoughtful words served as a motivation to others to give back to the Jewish community.

Lauren and Joe Zalis, the recipients of the Young Leadership Award, humbly thanked Schoke JFS for the opportunity to give back to the community where Lauren grew up.

This year’s evening featured Greg Kennedy, a featured artist with Cirque du Soleil, who amazed the audience with his mastery of manipulation to transform juggling into an art form. His performance provided a visual spectacle by combining art and science.

The board and staff thank all those who served on the An Evening with Schoke JFS committee. Your commitment to this event helped to ensure its success. Thank you to all who support Schoke JFS to successfully assist your friends and neighbors when they turn to us for help.
Thank You to our Generous Donors for Their Support of An Evening with Schoke JFS’ 2019 Live Auction

America’s Best Auctioneer
Anonymous
Avon Theatre Film Center
barcelona
bartaco
BETA Climbing and Fitness
Beth Torah Glatt Kosher Caterers
BevMax
Nancy and Bruce Blasnik
U.S. Senator Richard Blumenthal
BMW of Darien
Board & Brush Creative Studio
Briggs & Riley
Brooks Brothers
The Capital Grille
Columbus Park Trattoria
Connecticut Cigar Company
County TV
Curtain Call Inc.
David’s Soundview Catering
Deadlocked Escape Rooms
Eli Doft
EzTix event Ticketing
Foods of NY Tour
Getner Barn
Paul Gordon
Harlan Publick South Norwalk
iFly
Meryl and Ron Japha
Jewish Sportsman’s League
Litchfield Distillery
Lock City Brewing Co.
Mayflower Inn & Spa
O. Berk Company
On Location Tours
The Palace Theatre
Restore Hyper Wellness + Cryotherapy
Sherri and Allen Rosenthal
RPM Raceway CARES
Lynn and Richard Saltz
Stamford Downtown Special Services District
Dan Sichel
SoJo Spa Club
Stamford Symphony
Betsy and Michael Stone
Teddy’s Transportation System, Inc.
Juliette Tehrani
trap’t Escape Room Adventures
Alison Wachstein Photography
Watson Adventures
Wilton Sports and Fitness
Kara and Ben Zimon

SCHOKE JFS THANKS OUR CORPORATE SPONSORS

DIAMOND

O.Berk
Leaders in Packaging Solutions

PLATINUM

Atria Stamford

The Ruth Krauss Foundation

GOLD

Northwestern Mutual
Sanford L. Shapiro, CLU®, ChFC®, CASL®
(203) 221-5300
sandy.shapiro@mm.com

SILVER

COHEN AND WOLF
Attorneys at Law

STAMFORD HEALTH
Healing, Reimagined

BRONZE

BMW of Darien
Family Owned. Customer Driven.

Dignity
LEO P. GALLAGHER & SON
FUNERAL HOME
GREENWICH
STAMFORD

Wofsey Rosen
Kweskin & Kuriansky, LLP

BAXTER INVESTMENT MANAGEMENT

First County Bank
It’s where you belong.

Ferro Labella & Zucker LLC

Kolbrenner & Alexander LLC
Certified Public Accountants

RAM Building Group, LLC

Northwestern Mutual
TENANT FINANCIAL

Stop & Shop

Wells Fargo Advisors

WISS
A Partner to grow with
Schoke JFS Welcomes New Staff

Dr. Jonathan Garfinkle joins Schoke JFS as a Managing Director. He will be located at the Bridgeport office and will reach out to the Jewish communities in Upper Fairfield County in order to expand Schoke JFS programs and services to these communities.

Dr. Garfinkle, a Clinical Psychologist, earned a Ph.D in Psychology from Yale University and has served for over 20 years in various Jewish Family Service organizations. Most recently, he served as Executive Vice President and COO at Jewish Community Services of South Florida, and prior to that he was the Executive Director of Jewish Family Service of Greater New Haven. “In my new role at Schoke Jewish Family Service, I am excited to take on the responsibilities and opportunities to expand the agency’s services in the Upper Fairfield County area,” remarked Dr. Garfinkle. Please reach out to Dr. Jonathan Garfinkle at 203-659-3601 or email at jgarfinkle@ctjfs.org.

Katelyn Moon is joining Schoke JFS as an intern from Iona College working on her Masters Degree in Marriage and Family Therapy.

Kudos to our 2019 CCFSA Family Champions

Congratulations to Michael Stone, Schoke JFS Board Member, and Lynn Saltz, Marketing and Communications Coordinator, for their recognition as Connecticut Council of Family Service Agencies 2019 Family Champions. This award recognizes board and staff members who have gone above and beyond the call of duty to strengthen and support families in Connecticut.

WELCOME-new (or Returning) Schoke JFS Board Members!

Sharon Defala
As a practicing attorney in Norwalk for over twenty-five years, Sharon’s work is focused on divorce, along with representing several corporate clients. In her volunteer capacity, she was the immediate past president of Congregation Beth El-Norwalk, having already served in each of the four vice presidential roles. She also serves on the Board of the Federation for Jewish Philanthropy of Upper Fairfield County.

Alan Freeman
Since 2000, Alan has served on the Board of Directors of Schoke JFS (with only one year hiatus). For the past several years, he has served as a co-chair of the Patrons’ Reception Committee for the Saul Cohen - Schoke JFS lecture with his wife, Connie. Alan has served on the Board of Directors of the Stamford Jewish Community Center and the United Jewish Federation. He was also a member of UJF’s Executive Committee and co-chaired Super Sunday.

Susan R. Greenwald
As the principal of OPTIONS FOR ELDERS LLC, Susan employs her professional credentials as a Licensed Clinical Social Worker/Nursing Home Administrator. Currently, she serves on the boards of Temple Beth El (TBE) and the Beth El Cemetery Association. Previously, she has served on the board of Jewish Senior Services and chaired TBE’s Women’s Community Seder and Beth El Cares, which focuses on Tikkun Olam (repairing the world).

Kenneth Neuhaus
In his professional career, Kenneth has worked in various trading and risk management roles in the financial services industry, primarily at Morgan Stanley. As a volunteer, Kenneth has served on the Boards of Congregation Agudath Sholom and Bi-Cultural Day School, both as a member of their Finance Committees. Over the past several months, Kenneth has been participating on Schoke JFS’ Strategic Planning Committee.
Holocaust survivors living in the Stamford area have enjoyed a broad range of social activities since the Anachnu program began in April 2019, made possible by Schoke JFS through a grant from the JFNA Center for Holocaust Survivor Care program. The grant helps Schoke JFS advance person-centered, trauma-informed supportive services for Holocaust survivors in Fairfield County. Programs are offered in Russian and English and transportation is provided for all participants.

For more information and a schedule of Anachnu events, contact Marina Sapir at 203-921-4161 or by email at msapir@ctjfs.org.

Schoke JFS is grateful to the following organizations for supporting the Anachnu program:

- JFNA Center for Holocaust Survivor Care
- Claims Conference on Jewish Material Claims Against Germany
- Kavod SHEF
- Kuriansky Teen Tzedakah Fund of UJF

Yom HaShoah Memorial Candle Lighting at Congregation Agudath Sholom

Children’s Concert at Gan Yeledim of Chabad at Stamford

Remembering Holocaust Victims

Cove Island Picnic

Café Europa Lunch at Young Israel of Stamford

Photographer Displays her Art for Café Europa Attendees

On the Move to a Movie in Ridgefield
8th Annual Saul Cohen-Schoke JFS Lecture: Thursday, November 14th at 7:30 PM at the Ferguson Library in Stamford.
Barry Shrage, a professor at Brandeis University and longtime Jewish communal professional will speak. The lecture is free to the community as a gift from Mimi Cohen and Saul Cohen, of blessed memory. For more information, please contact Lisa Rich, Director of Donor Relations at 203-921-4161 or lrich@ctjfs.org.

Divorce-Now What? Wednesday, September 11 at 1:00 PM at the Schoke JFS office, 196 Greyrock Place, Stamford.
For divorce professionals, people getting divorced or contemplating divorce. To help people navigate the difficult process of divorce and understand how it works, and how to make the right decisions in order to reach the right goals. The presenters will be: Maurice Segall LLC, Attorney Mediator, Matthew Chamberlin, Financial Advisor, Morgan Stanley and Lisa Williams, Certified Divorce Coach, Lisa Williams Consulting LLC. The cost to attend will be $36. Continuing Education Credits available. Please contact Eve Moskowitz, 203-921-4161 ext. 122 or emoskowitz@ctjfs.org to reserve a place.

Brain Fitness Group Program
Want to stimulate your brain power? Sessions will focus on specific areas of concentration. Advance registration suggested. Light refreshments will be served. JCC Members: $8 per session. Open to the community at $10 per session. All three sessions: $20 for JCC members/ $25 for community.
Series #1: Mondays, 10:30 AM - 12 Noon at the Stamford JCC, 1035 Newfield Avenue.
- September 9 Memory and Language
- September 16 Memory and Organization
- September 23 Memory and Attention
Series #2: Mondays, 10:30 AM - 12 Noon at the Stamford JCC, 1035 Newfield Avenue.
- November 4 Memory and Recall
- November 18 Memory and Perception
- November 25 Memory and Logic
To register, contact Connie Cirillo Freeman at 203-487-0983 or email cfreeman@stamfordjcc.org. For additional information, contact Dr. Toby Lazarus, Schoke JFS Brain Fitness Program Coordinator at 203-921-4161 or tlazarus@ctjfs.org.

Living with Loss: Schoke JFS Bereavement Support Group
Bridgeport: Mondays, 1:45 PM at Jewish Senior Services, 4200 Park Avenue, Bridgeport
Stamford: Fridays, 12:30 PM at the Stamford office of Schoke JFS.
Find the healing which comes of being with others who know first-hand what you are going through. Learn how Jewish ritual, prayer and tradition can support the grieving process. For more information or to register, please contact Amanda Geffner, Schoke JFS Psychotherapist, at 203-921-4161 or email ageffner@ctjfs.org.

Divorce Support Group: Mondays, 1:00 PM at the Stamford office of Schoke JFS.
The group will explore, look, listen, learn and love about the topic of separation, divorce and parenting. For more information, please contact Lois Meyer, LMSW at 203-921-4161 or email LMeyer@ctjfs.org.

Let’s Talk
Seniors talk about common interests and concerns, facilitated by a Schoke Jewish Family Service counselor. No cost to participate.
Stamford: Tuesdays, 11:00 AM at the Stamford JCC, 1035 Newfield Avenue. Contact Eve Moskowitz at 203-921-4161 or emoskowitz@ctjfs.org.
Bridgeport: Thursdays, 10:30 AM, at Kursansky Family Residence Jewish Senior Services, 4200 Park Avenue, Bridgeport.
- September 12 & 19
- October 10 & 24
- November 14 & 21
- December 12 & 19
Contact Rebekah Kanefsky for more information at 203-921-4161 or rkanefsky@ctjfs.org.

Westport: Thursdays, 1:00 PM at Westport Senior Center. Contact Eve Moskowitz at 203-921-4161 or emoskowitz@ctjfs.org.

With the Annual Friends Campaign starting in September, now more than ever Schoke JFS is counting on our generous donors to continue their support.
Your gift allows us to continue providing programs and services to thousands of people in our community who turn to us in need each year.
To make your tax-deductible donation, please fill in the enclosed reply card, call our office at 203-921-4161 or donate online at www.ctjfs.org.

Thank you for being part of the Schoke JFS Family!
I recently had the opportunity to sit and talk with one of our Home Companion clients, Mrs. Hilda Kadden, who is one of the most joyful people you will meet. Mrs. Kadden was born in Germany in 1921. She is a Holocaust survivor who has fond memories of life before the War. Having lost both her parents in a Nazi concentration camp, it became clear to her that her future was elsewhere and she came to the United States to escape the atrocities of Nazi Germany.

Mrs. Kadden met her late husband in New York City in 1941, married a year later, and relocated to Norwalk, Connecticut to start a family. She and her husband had two daughters, one resides in New Jersey and the other just outside of Washington D.C. Mrs. Kadden prefers living in her own home as she ages, and her daughters make this possible through Schoke JFS’ Home Companion program.

We are proud to serve Mrs. Kadden in the privacy of her own home, pairing her with Marguy Colinet, an aide who has worked with Mrs. Kadden for the past seven years. Matched to Mrs. Kadden through our registry, Marguy assists her with meal preparation, grocery shopping and driving, which includes doctor’s appointments and errands, and most importantly, to the hair salon and synagogue. When I visited Mrs. Kadden, Marguy was out doing an errand for her. Upon her return, Mrs. Kadden asked Marguy, “Where were you?” Marguy reminded her that she was out getting groceries. Mrs. Kadden’s response to Marguy was, “I missed you,” which elicited a gentle smile.

Recently, while checking her mailbox, Mrs. Kadden fell and broke her hip. She is now living with twenty-four hour live-in care, also provided by Schoke Jewish Family Service. With the help of a new aide, Winnie Green-Delisser, Mrs. Kadden still gets to live in the comfort of her own home. When I asked her if she had a choice between a nursing home and living at home, she quickly responded, “no nursing home for me.” Being at home is her preference and it helps her maintain her independence. She said she appreciates Schoke Jewish Family Service Home Companion Program for accommodating and catering to her needs when her life changed. “It’s been a pleasure having Winnie. There are some mornings when I feel down and out, but as soon as Winnie starts to sing, it’s so soothing and relaxing, I am reminded that I have life and every reason to be thankful,” shared Mrs. Kadden.

Mrs. Kadden enjoys shopping, reading, adult coloring, and occasionally likes to watch television. She credits Schoke Jewish Family Service and Senior Services Director, Isrella Knopf, with the excellent care she receives and highly recommends the agency to members of the community. On Wednesday, August 14th, Mrs. Kadden celebrated her 98th birthday with family and friends.

---

Do A Mitzvah! Volunteer for Schoke JFS

We are always looking for help with outreach to our clients. If you are interested, contact Jill Knopoff, Director of Volunteer Services at 203-921-4161 or by email at jknopoff@ctjfs.org. Visit www.ctjfs.org and click on the Volunteer button to sign up online.

---

Send a Schoke JFS Tribute Card

Tribute cards are a meaningful way to celebrate with friends and family members on their Bar or Bat Mitzvah, graduation, wedding, birthday or any other simcha or special event. They can also be sent to family or friends in honor or memory of a loved one. There is no fixed amount for a donation and the card will be sent on your behalf. The inscription notes the purpose of your donation.

To make a tribute card donation, go online to www.ctjfs.org or call 203-921-4161.
SCHOKE JFS NEW OFFICE OPENS ITS DOORS FOR SUPPORTERS!

On September 26th, Schoke Jewish Family Service welcomed over 100 supporters to our new offices at 196 Greyrock Place, occupied since mid-March. During the tour of the facility and light dinner, the final mezuzah was affixed to the front door. We thank our many supporters to the Mezuzah Campaign, who helped us to provide our clients with a premium space to for improved services.

LEGACY DONATIONS

Schoke JFS extends our deepest appreciation to the following people and their families for their support of JFS through a legacy gift:

ADRIENNE AND MICHAEL ALEXANDER
THE ESTATE OF SHEILA CARMINE
MIMI COHEN
SAUL COHEN
PAM EHRENKRAZ AND MATT GREENBERG
MICHELLE FANWICK
THE ESTATE OF THOMAS GILMARTIN
MERYL AND RON JAPHNA
NAN AND PAUL GORDON

GREGIA AND RON GROSS
JUDY AND ADAM RIN
CARL ROSEN
HILDE SCHERAGA
ELAYNE AND JAMES SCHOKE
JESSICA AND LAURENCE SHEINMAN
BEVERLY AND DAVID STEIN
LINDA B. GORNITSKY AND HARVEY WEBER
RENEE ZINN

# Of blessed memory

A Happy, Healthy & Sweet New Year!

Shana Tova

The Board and Staff of Schoke Jewish Family Service

TURN YOUR FINANCIAL GOALS INTO FINANCIAL SUCCESS.

Sanford L Shapiro, CLU®, ChFC®, CASL®
Financial Advisor
(203) 221-5300
sandysapiro.nm.com

Northwestern Mutual®

The Chartered Advisor for Senior Living (CASL®) designation is conferred by The American College of Financial Services.
Schoke JFS’ Residential Cleaning Service can help you get the job done. Trained and supervised cleaners provide regularly scheduled and seasonal cleaning.

Prices are competitive or slightly lower than the competition.

Revenues generated help us provide quality social services to those in need, in addition to offering employment to unemployed individuals in our community.

For additional information
203-921-4161

Mitzvah Baskets Add Tzedakah to Every Occasion!

When you order a beautifully designed Mitzvah Basket for your celebration, the proceeds go directly to the Schoke JFS Kosher Food Pantry which provides food to thousands of individuals and families in our community.

Mitzvah Baskets and centerpieces are uniquely designed and custom ribbon colors can be used to fit the décor of your event. The decorative baskets are filled with “faux food,” symbolic of the food that is donated to the kosher food pantry.

To order a Mitzvah Basket for your next event, go to www.ctjfs.org or call 203-921-4161.

Let us help you make your home sparkle!

Schoked JFS’ Residential Cleaning Service can help you get the job done. Trained and supervised cleaners provide regularly scheduled and seasonal cleaning.

Prices are competitive or slightly lower than the competition.

Revenues generated help us provide quality social services to those in need, in addition to offering employment to unemployed individuals in our community.

For additional information
203-921-4161